



Hope for children comes in a new day treatment program

For immediate release.

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Fairbanks, Alaska — Youth struggling with depression, anxiety and trauma will find a safe and inviting place to receive treatment.

FNA Behavioral Health Services is offering Hope for our Children Day Treatment for youth, 12-17.

“FNA will provide person-centered services, offering a safe place to understand the youth's perspective and to guide them toward personal growth and healing,” said Linda Setterberg, Hope director. “At risk youth will receive small group therapy, individual sessions with a licensed therapist, and cultural activities.”

There will be time daily for students to complete schoolwork.

Services start with a referral, screening, mental health assessment and a treatment plan completed together with the youth, a clinician, family coordinator, and the family of the youth.

More information may be found at www.fairbanksnative.org

Hours of operation will be from 10 a.m. -4 p.m. Monday through Friday.

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