

# Fairbanks Native Association Highlights

*Rooted in Culture and Community since 1964*

Fall/Winter Issue 2015



## *Planning For Our Future*



Tribal Home Visiting staff Hilda Johnson, and her daughter Janna, enjoy the festivities during the Harvest of Hope gathering.

### *Dear Membership,*

We take pride in our work here at FNA and we always have our community in mind in planning for our future. We pay attention to the trends in our community and create programs to assist in creating a unified, healthy, and empowered community. Under the leadership of our Board of Directors, we follow our 5 year Strategic Plan year round and provide annual updates on how we are working towards those goals.

Every fall, the Board of Directors works on the five year strategic plan with FNA staff. Part of the strategic plan includes goals for FNA.

The current goals for FNA are:

- ◇ Increase Board Effectiveness
- ◇ Maintain Current Levels of Services
- ◇ Provide High Levels of Customer Service
- ◇ New and Expanded Consumer Services
- ◇ Increase Revenues
- ◇ Maintain Adequate Facilities
- ◇ Excellent Communications with Community, Consumers, Staff
- ◇ Increase staff retention and recruitment
- ◇ Meet professional certifications and accreditations
- ◇ Increase staff training, support and recognition

I am grateful for the opportunity to work with an amazing hard working staff that really believe in the FNA Mission in serving our community and in reaching the goals put before them.

***Mahsi' Steve Ginnis, Executive Director***

### *Inside this Issue:*

**Staff Recognition**

**FNA In Our Community**

**JOM**

**Tribal Home Visiting**

**Head Start 0-5**

**Community Services**

**Behavioral Health Services**

**2015 Community Survey Results**

### **Board of Directors**

**Dr. Poldine Carlo**  
Founder

**Roxanne Frank**  
President

**Charlene Stern**  
Vice-President

**Rhonda Baker-Joseph**  
Treasurer

**Susan Dayton**  
Secretary

**Gerald 'Jerry' Sam**  
Member

**Travis Cole**  
Member

**Glenn 'Manny' Carlo**  
Member

**Roy Roehl I**  
Member

**Shirley Moses**  
Member

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**Steve Ginnis**  
Executive Director



**Steve Ginnis, Executive Director**

# Thank You!

*I would like to take this time to send my appreciation and gratitude to all of my hard working staff and the direction provided by our Board of Directors that help us provide quality services to those we serve. Mahsi'*

## FNA Employee Annual Awards

### Making the Difference:

Karna Suttan, Behavioral Health

### Above & Beyond:

Vernon Malcolm, Community Services

### Leading By Example:

Stuart Adams, Administration

Seth Hawkins, Behavioral Health

### Shining Star:

Terri Smoke, Administration

## Employee of the Month Awards

March: Siobhan Lynch, Behavioral Health

April: Rebekah Cisler, Head Start 0-5

May: Misty John, Community Services

June: Joanne Beck, Behavioral Health

July: Marjorie Bolton, Head Start 0-5

August: Melissa Charlie, Administration

***"It takes each of us to make a difference for all of us."***

# Congratulations Poldine Carlo



Poldine, who is one of FNA's founding members and attends all of the FNA board meetings and provides her guidance and expertise in decisions of the board, accepted the Shirley Dementieff Award from Governor Walker during this year's Alaska Federation of Natives in Anchorage. Congratulations Poldine! Thank you for your leadership and guidance as we continue to serve our community.

## Thank you FNA Employees!

**Kathleen Halverson**  
Johnson O'Malley (JOM)  
5 Years of Service

**John Yates**  
Ralph Perdue Center  
5 Years of Service

**Joanne Beck**  
Graf Rheeneerhaanjii  
5 Years of Service

**Juliana Shankle**  
Administration  
10 Years of Service

**Dina Contreras**  
Head Start 0-5  
10 Years of Service

**Eleanor 'Nikki' Guthrie**  
Johnson O'Malley (JOM)  
15 Years of Service



**FAIRBANKS NATIVE**  
ASSOCIATION

### **Vision**

We are a unified, healthy, and empowered Native community that embraces all cultures.

### **Mission**

To promote spirituality, cultural identity, self-reliance, physical and mental health, by improving the quality of life of our community through professional quality services.





## *FNA In Our Community*







# FNA Johnson O'Malley (JOM)

**Back To School Supply Giveaway.** On August 11th, JOM held it's annual Back to School Supply giveaway event in the FNA Gym. The event served 234 students in the Fairbanks North Star

Borough and provided back packs with essential school supplies.

**Harvest of Hope.** JOM teamed up with Tribal Home Visiting on October 27th, and hosted the Harvest of Hope event at the Chief David Salmon Tribal Hall to raise awareness of Suicide Prevention for the community of Fairbanks. The event included Native dancing and fiddling, speakers, moose soup, salmon chowder, fry bread, and door prizes.

**Linda Woods**  
 Program Director  
 Phone: 452-1648



**A message from the JOM Family Advocate**  
 Dear Parents and Guardians,  
 Mid-Quarter is fast approaching, so make sure you check your student's backpacks for grade reports, or check PowerSchool. Call your JOM or ANE tutors at your child's school if you need help with PowerSchool. We provide support services and academic tutoring to Alaska Native/American Indian students and we also have a family advocate and cultural specialist on staff with JOM.

Kathy Halverson, *JOM Family Advocate*  
[khalverson@fairbanksnative.org](mailto:khalverson@fairbanksnative.org)  
 Office Phone: 452-1648 ext. 6430  
 Cell Phone: 687-1405 (call or text)  
 JOM offices are located at 605 Hughes Avenue off of South Cushman.



*FNA JOM Koyukon Athabascan Language Class for Grades K-12*  
**Starting October 6, 2015**

**Grades K - 5th**  
**TUESDAYS 4:00-5:00 pm**

**Grades 6 - 12th**  
**THURSDAYS 4:00-5:00 pm**

*Your child will learn conversational Koyukon Athabascan language. Please stop by for an application at:*  
 FNA - Ralph Perdue Center Building located at 615 Hughes Avenue or call Irene at the numbers below.

**Contact: Irene Nicholia-Todd**  
**Work Phone: 452-1648 x 6404**  
**Cell Phone: 378-8419**  
**Email: [inicholia-todd@fairbanksnative.org](mailto:inicholia-todd@fairbanksnative.org)**

**We have nine JOM tutors located in eight different schools:**

Lathrop High	Sara Teel	456-7794 ext. 17633
West Valley High	Kelsey Boisvin	479-4221 ext. 9201
Effie Kokrine High	Marie McCarty	474-0958 ext. 110
Effie Kokrine Middle	Tiana Kraus	479-0958 ext. 107
Ryan Middle	Ruthe Petersen / Norm Phillips, Jr.	452-4751 ext. 13041
Hunter Elementary	Vacant Position	
Woodriver Elementary	Eve Taylor	479-4211 ext. 143
Anne Wien Elementary	Elizabeth Yatlin	451-7500 ext. 27003

# FNA Tribal Home Visiting

## FNA Tribal Home Visiting (THV) Program Now Accepting Applications!



**Hilda Johnson**  
Interim Program Director  
Phone: 451-1005

FNA THV program is a comprehensive early childhood education and family support program designed to honor traditional values in supporting parents as they raise healthy happy children.

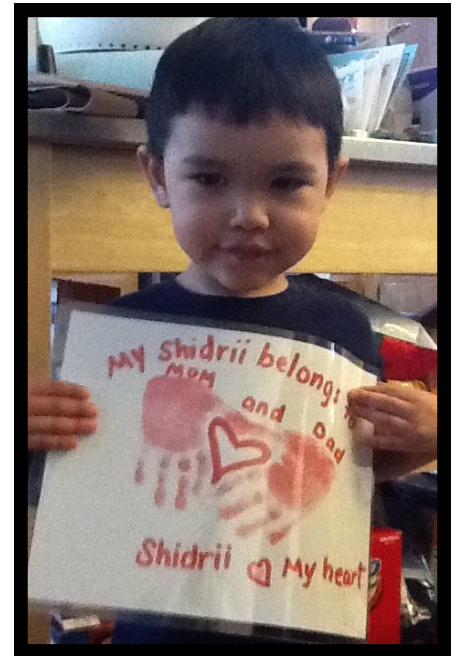
**Parents are their children's first and most influential teachers.**

### Eligibility:

- American Indian/AK Native (AI/AN)
- Teen Parents regardless of ethnicity
- Foster parents of AI/AN Children
- Adoptive parents of AI/AN Children
- No Income Requirement

### Services Offered:

- Home visits & Group meetings
- Developmental, hearing, vision screening
- Resource referrals & Library
- Participation Incentives



## Tea Party - Nihłaa Lidii Tr'iinii (Gwich'in Translation)

This is a Tribal Home Visiting Activity that home visitors do with children in the program that you can do at home while playing with your child.

### **Pretend play with your child – Nigii Vaa Tseeni'in**

*Lidii Dhah – Hot Tea*

*Nilii Gaih – Dry Meat*

- ◇ Your child starts to pretend play at the age of 1 year old.
- ◇ Pretend play sparks imagination.
- ◇ Your child will act out real situations: cooking moose soup, sewing beads, duck hunting, making campfire tea, drying meat or fish, etc.
- ◇ Your child will develop the ability to pretend with an object: using a block or stick as a boat to go to moose or fish camp.

### **What you can do to help support pretend play:**

- ◆ Believe your child's play is important.
- ◆ Comment on what your child is doing: "The lidii (Tea) you made on the campfire was very good with your łuh chy'aa (Fry Bread)."
- ◆ Ask lots of questions!

**Pretend play builds: curiosity, confidence, cooperation, negotiation, self-awareness, leadership skills, creativity, communication, processing of sensory input and much more!**





# FNA Head Start 0-5



**Colleen Hasbrouck**  
Program Director  
Phone: 451-8814

## Join the FNA Head Start Team!

- Are you interested in working in Early Childhood Development?
- Do you Love working with kids?
- Do you want a rewarding career with awesome benefits?
- Would you like on the job training and the opportunity to take college courses?

## FNA Head Start 0-5 Taking applications now!

Call us to find out which Head Start 0-5 option best fits your family's needs!

### Head Start 0-5 Options include:



Center Based  
Part Day  
Extended Day  
Combo  
Home Based

**Enrollment is open year round!**  
**4 Convenient Fairbanks Locations!**

*We offer a positive child experience & family support services in a diverse environment at all of our locations.*

**Call us to speak to an Enrollment Specialist at 907-451-8814**

Apply today! Visit our website at:  
[www.fairbanksnative.org](http://www.fairbanksnative.org)  
or call 452-1648

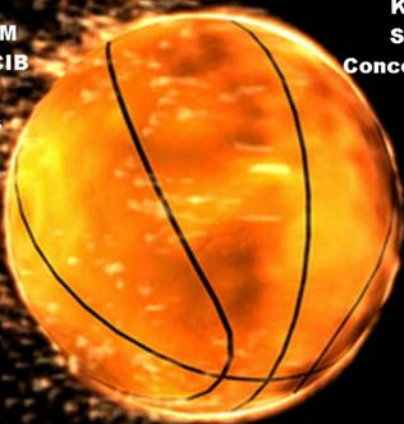
## FNA JOM Alaska Native Youth Basketball Tournament March 14-16, 2016 Tanana Middle School

### Eligible Students:

- Grades 3-12
- 3 Divisions:  
Grades 3-6, 7-8, and 9-12
- Eligible for JOM Services (BIA/CIB card)
- Co-Ed Teams

### ALSO SEEKING

**VOLUNTEERS:**  
Coaches (20-24)  
Score/Clock  
Keepers  
Security  
Concessionaires



Contact Niki Guthrie 452-1648 ext. 6403  
Applications are available on our FNA website at:  
[www.fairbanksnative.org](http://www.fairbanksnative.org)

Applications must be received by February 21, 2016!

## Christmas Celebration 2015



**Friday, December 11th**  
**At the David Salmon Tribal Hall**  
**4:30PM-8:00PM**

Join us for:  
Dinner (bring a dish to share)  
Cake Walk for Children  
Goodie bags for Children  
Elder Goodie Bags  
Music  
Door Prizes



For information or to donate contact:  
JOM at 452-1648



# FNA Community Services



Volunteers **NEEDED**  
*To spend valuable time with our Elders*

**Karen Eddy**, Program Director  
Phone: 452-5225  
Elders Program: 451-7250

Sign up at the FNA Community Services **Elder's Program** located at 317 Wendell Street. Volunteer any day: Monday-Friday, Lunch time: 11:00am- 1:30pm. Join us by serving lunch to Elders up to 5 days a week. Or volunteer to assist an Elder with medical travel.  
To volunteer call 451-7250.

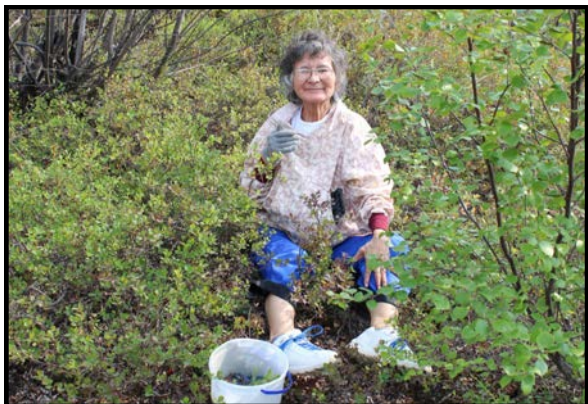
**Upcoming Events:**  
Monday - Friday, **Elder Lunch**  
11:30AM-12:30PM  
Saturdays, **Beads & Bagels**  
10:00AM-Noon

## 20th Annual FNA Homeless BBQ

FNA Community Services hosted their 20th Annual Homeless BBQ on September 18th. Community Services staff served a hot meal and handed out clothing, winter gear, personal items, and goodie bags. Thank you Community Service!



## Berry Picking with Our Elders - August 2015



**Please look in on the Elders in your area, they may need help, or just a good visit from you.**





# FNA Behavioral Health Services



## Behavioral Health Services

- Residential Treatment
- Outpatient Treatment
- Youth Residential Treatment
- Detox
- Prevention Programs
- Support Services

**Behavioral Health Services**  
Phone: 452-6251

I FELT THAT THEY RESPECTED MY CULTURE AND TREATED ME LIKE A REAL HUMAN INSTEAD OF JUST A NUMBER. –*CONSUMER*

**Not sure where to start?  
Call us today to see how we can help!**

I am grateful for this place and I am doing much better. I got my happiness back and my child. -  
*Consumer*

**It wasn't as scary as I thought it would be, but it's only the first step to recovery –*Consumer***

**Saved My Life –  
*Consumer***

Residential Treatment	Other Services	Prevention
Ralph Perdue Center	FASAP	SAYA
Women & Children's Center for Inner Healing	Workforce Re-entry & Recovery	Foundations for the Future
Graf Rheeneerhaanjii ( <i>Youth</i> )	RPC Outpatient Treatment Services	Visions
Gateway to Recovery Detox		



# FNA

## New Behavioral Health Programs at FNA!

FNA, as the lead agency, now has three grants that fund Youth/Young adult services in collaboration with Tanana Chiefs Conference. With SAYA, all three grants will work together as one service unit rather than functioning independently in order to maximize outcomes. The target population is youth and young adults. All three grants require interagency and youth councils.



Saving our Youth and Young Adults (SAYA)	Foundation for the Future (FF)	Visions (Suicide Prevention)
<p><b>SAYA's</b> goal is to develop a successful transition to adulthood through a culturally specific wrap-around system of care that is youth guided, for adolescents and young adults ages 16-25 which address serious mental health conditions including suicide and co-occurring disorder and/or risk factors for serious mental illness such as substance abuse.</p>	<p><b>Foundation's</b> goal is to improve the integration of the treatment and recovery support infrastructure in order to increase access, service use and outcomes for Alaska Native and American Indian transition aged youth (16-25) and their families for substance abuse.</p>	<p><b>Vision's</b> goal is to reduce suicide deaths and non-fatal suicide attempts, for youth and young adults ages 10-25, with a bold anticipated outcome of zero suicide deaths and non-fatal attempts by the end of year 5 (in alignment with the zero suicide approach).</p>

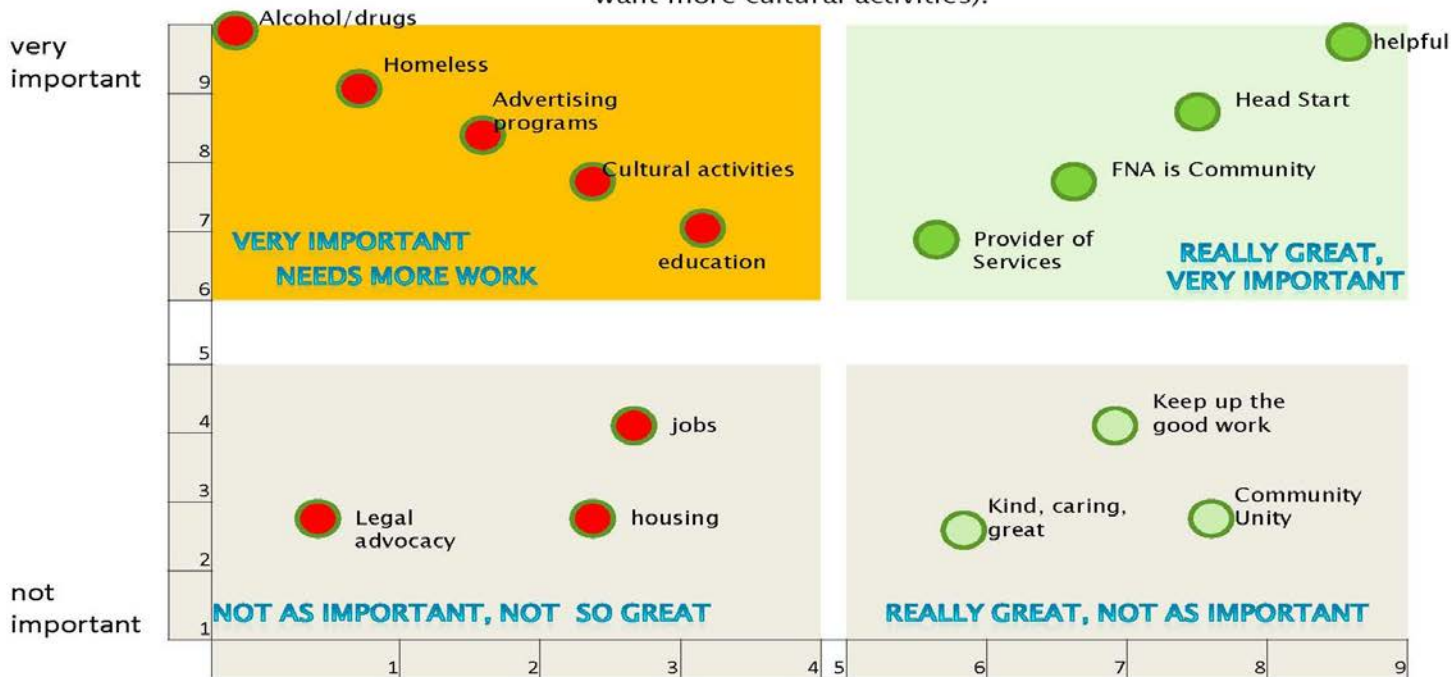


# 2015 FNA Community Needs Survey Results

Thank you to everyone who participated in this survey. We had a total of 241 responses. In case you missed this survey opportunity, you will have another chance when we do another survey in 2016.

## Perceptual map — How FNA is Viewed

A perceptual map shows how respondents view FNA's performance (i.e., respondents think FNA should be doing more to help combat drugs & alcohol, homelessness, need to advertise programs more and they want more cultural activities).



### What FNA Services have you heard of?

#### Behavioral Health Services

GRAF.....	52%
FASAP.....	45%
Outpatient.....	34%
Detox.....	41%
Women & Children's.....	54%
Ralph Perdue Center.....	81%
Other.....	2%
I have not heard of any of these.....	11%

#### Community Services

Advocacy support.....	30%
Cancer Survivor Support.....	24%
Elder Support.....	60%
Food/Clothing Distribution.....	43%
Other.....	2%
I have not heard of any of these.....	24%

#### Educational Services

Head Start 0-5.....	88%
Johnson O'Malley (JOM).....	67%
Tribal Home Visiting.....	47%
Other.....	7%
I have not heard of any of these.....	7%

### Are you 1/4 or more Alaska Native or American Indian?

Yes 78%  
No 22%

### Have you lived in Fairbanks for at least 30 days?

Yes 97.5%  
No 2.5%

### What Community Issues should FNA be working on?

- ⇒ Alcohol/Drug abuse
- ⇒ Homeless
- ⇒ Cultural Activities
- ⇒ Outreach/Advertising Programs
- ⇒ Jobs/Training
- ⇒ Education

### How Useful Are FNA's Services?

Very Useful.....	48%
Pretty Useful.....	29%
Somewhat Useful.....	15%
A Little Useful.....	7%
Not Useful At All.....	2%

More survey results continued on the next page...





Job training      More publicity

Family activities

*Cultural activities*

*Homeless and alcoholism are two main issues and I know you are already working with those*

**KEEP DOING YOUR BEST**

**TOP 5 Words  
People Associate  
FNA With:**

⇒ **Helpful**

⇒ **Native**

⇒ **Head Start**

⇒ **Community**

⇒ **Alcohol  
Treatment**

*Reading the list, it seems that FNA is already working on much needed things already, I just didn't know about them*

After school programs

**Housing (all kinds)**

Youth & Elder engagement

Alcohol support groups

**NATIVE DANCING  
OPEN TO EVERYONE**

Great  
job!

*Reducing  
homelessness*

241  
Responses



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Fairbanks, Alaska 99701

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[www.fairbanksnative.org](http://www.fairbanksnative.org)

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