

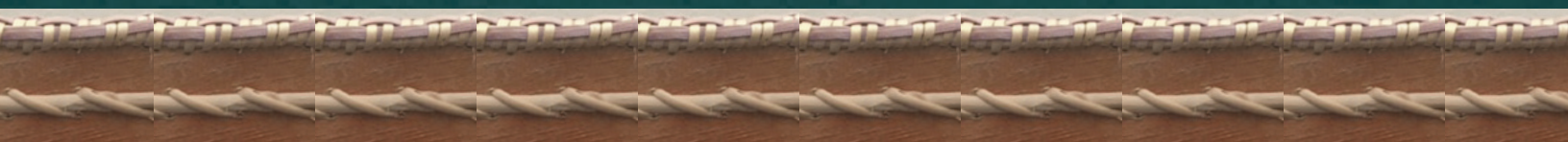


# FAIRBANKS NATIVE ASSOCIATION

2017

ANNUAL REPORT

*Celebrating 50 Years of Service*





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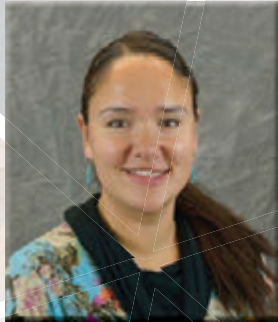
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**DEAR MEMBERSHIP,**

It is that time of year again, for Fairbanks Native Association to gather with our membership for the 2018 Annual Membership Meeting. This is my 10th year as the executive director for FNA and I am very proud of our organization’s growth during my time and expansion of our services to this community.



This year we have three board seats up for re-election: Charlene Stern, Jerry Sam and Shirley Moses. It has been a privilege to work with all three board members and I value their dedication to FNA and service to our membership over the past years. I would like to especially thank Shirley Moses, who is not running for a Board position, for her time and dedication for serving on the FNA Board. Her guidance and leadership has been critical to the growth of FNA.

FNA has many accomplishments to report from this past year; we increased our revenue and assets, we’ve expanded services and purchased a new building.

I am pleased to report we had a clean audit with no compliance matters. Our total revenue has increased by \$4.4 million (\$18,118,324 - \$22,480,305) in the past year. FNA’s net assets increased by 26% or 3,242,658 (\$12,268,255 - \$15,510,913). I am happy with the outcome of our audit and pleased with our Finance Department and Program Directors ability to operate the programs within budgets.

In August, we celebrated 50 years of service by hosing a traditional potlatch. This marked a significant milestone that I was very proud to be a part of. FNA was incorporated back in 1967 as Alaska’s first Alaska Native civil rights organization. For the past 50 years FNA has worked to adapt and create innovative programs to meet our community needs. Our behavioral health services focus on promoting sobriety, suicide prevention and medical detoxification. Our educational services provide a Head Start for school readiness. Our JOM cultural program promotes cultural identity through song and dance. Our JOM tutors support Native student growth, improve academic achievement, engage parents and families in the educational process, and provide leadership development opportunities for students. FNA’s oldest program, Community Services, offers assistance for the homeless and the provision of clothing, transportation, emergency housing, food and inter-generational activities for the elderly. Recently, they have significantly expanded/increased services to address violence in our community with outreach and case management services to meet the needs of our people.

In September, we opened our first Denaakk’e language classroom at Anne Wien Elementary School. Two years ago our community assessment results indicated FNA should move in the direction of Native language revitalization. In 2016, we applied for a \$1.6 million grant through the Department of Education and that fall was awarded the grant. As a result we now have three teaching staff and two elders teaching 20 children to speak the Denaakk’e language. As we continue to develop age and language appropriate curriculum. The children were given Denaakk’e names and have learned daily routine phrases. This program is making a positive impact towards Native language revitalization and I hope to see FNA expand it in the years to come.

Last October, our Board updated our five-year strategic plan. The Board has directed us to maintain services, particularly our federally funded education programs to better serve our youth in the Fairbanks area. We will also conduct surveys to ensure that we are providing services the community needs, as well as explore new service opportunities. I am very pleased with the direction our Board has guided us in the area of improving and expanding our services. I look forward to working diligently with my staff to fulfill the goals outlined in the five-year strategic plan.

I think it is a critical time for our people to support each other. We must use our traditional values of respect, sharing, self-sufficiency, humor and spirituality to overcome our challenges. I will continue to support our mission to improve the quality of life in our community through the professional quality services that FNA provides.

Sincerely,

Steven E. Ginnis,  
*Fairbanks Native Association, Executive Director*



The FNA Community Services Program (CSP) promotes healthy, successful, productive, and self-sufficient individuals by providing quality culturally-sensitive, holistic social services.

## **COMMUNITY SERVICES BLOCK GRANT**

The Community Services Block grant provides the following services: direct client services through paperwork assurances; transportation for the frail and elderly; home visit; donated clothing distribution; telephone assurances advocacy for medical and court cases; client outreach; monthly intergenerational activities including community gatherings; summer homeless barbecues; clothing closet; information and referral; application assistance for housing and emergency assistance, employment; and weekly food boxes.

## **CASE MANAGEMENT**

FNA Community Services currently has two social workers and one case manager who provide case management for three of our programs – BIA Welfare Assistance, Office of Violence Against Women, and Victims of Crime

## **BIA WELFARE ASSISTANCE**

The BIA Welfare Assistance Case Manager managed 88 consumer cases during report period. The OVW Social Worker managed 12 unduplicated cases and the OVC Social Worker had 593 consumer contacts or 103 unduplicated consumers during this report period. The BIA 638 Welfare Assistance Program: This funding provides General Assistance, Emergency Assistance, and Burial Assistance. There were a total of 88 applications for General Assistance. There was one emergency assistance and 14 burial assistances during this report period. Elders Program: Older Americans Act: Title VI Part A and Part C: is a federal grant that provides salaries and operating costs for the Hannah Solomon Elder's program. The building is open from 10am to 4 pm and serves lunches with meals provided by the North Star Council on Aging. Traditional foods are cooked on site and served once a month. The staff provides paperwork assurances, intake and referrals; transportation for the frail and elderly, shopping, and field trips. Home visits for paperwork is available. During the report period there were 5,684 congregate meals served for a total of 198 unduplicated Elders. There were a documented 1,802 transports and 2,293 telephone calls from Elders requesting services.

## **USDA NIFA (GARDENING PROJECT)**

The FNA Elders and Youth Community Garden continues to create a food distribution system to provide hard-to-access fresh vegetables to at least 100 Elders and low-income individuals in Fairbanks.

## **US DEPARTMENT OF JUSTICE, OFFICE OF VICTIMS CRIME (OVC)**

The Tribal Victim's Assistance project has three components: case management, outreach, and data collection. The project follows a model that establishes relationships through trust, advocacy, and outreach. Staff identifies specific problems and provides solutions. They also track client progress while maintaining support, advocacy, and maintain an open door policy. 103 unduplicated consumers accessed services. The program social worker works with fifty-nine local agencies. Five areas of crime that consumers experienced were domestic violence, aggravated assault, elder abuse, victims of crime, and survivors of homicide.

## **US DEPARTMENT OF JUSTICE, OFFICE OF VIOLENCE AGAINST WOMEN**

The Women's Case Management also has three components: case management, outreach, and data collection. The project follows the same model as the Tribal Victim's Assistance which establishes relationships through trust, advocacy, and outreach. Staff identifies specific problems, provides solutions, and tracks client progress.

The OVW grant provided community education; information that increases the awareness of sexual assault, domestic violence, dating violence, and stalking. Through this outreach 645 individuals learned about FNA's OVW program and violence prevention. Also, program outreach was provided through 11 different events or activities, i.e. Domestic Violence Awareness Month Walk and Vigil.

### **STAFF PROVIDES SERVICES THROUGH THE FOLLOWING GRANT FUNDING:**

- Community Services Block Grant
- BIA 638 Social Services/Welfare Assurances Program
- Title VI Part A and Part C
- USDA NIFA Gardening Project
- US Dept of Justice, Office of Victims Crime Project
- US Dept of Justice, Office of Violence Against Women Project
- IHS Domestic Violence Prevention Initiative



## FISCAL

### REVENUES:

DHHS – Office of Head Start – Onetime funding  
 Operating revenues:  
 DHHS – Office of Head Start – Continuation  
 Extended Day Services  
 State of Alaska Grant (shared with FNA-EHS)  
 Child/Adult Care Food Program  
 Child Care Grant

**TOTAL REVENUES \$ 4,675,500.00**

### EXPENSES:

DHHS – Office of Head Start – Onetime funding  
 Operating expenses:  
 DHHS – Office of Head Start – Continuation  
 Extended Day Services  
 State of Alaska Grant (shared with FNA-EHS)  
 Child/Adult Care Food Program  
 Child Care Grant

**TOTAL EXPENSES \$ 3,934,221.83\***

## PROGRAM DESCRIPTION

FNA Head Start promotes cultural identity of Alaska Native and American Indian families while giving children the educational, physical, and social skills and tools for a great head start towards school readiness. Developmental, social/emotional, and health screenings are part of Head Start requirements to help ensure that all children are receiving individualized services that are necessary to best meet their needs. Head Start works with families to connect with partnering community agencies for additional resources that they may need.

## PROGRAM OVERVIEW

FNA Head Start 0-5 accepts applications from all families living in the Fairbanks North Star Borough. The program is inclusive and promotes cultural identity of Alaska Native and American Indian families through onsite activities and field trips to cultural events such as the Festival of Alaska Native Arts. There are several program options

**CENTER BASED OPTION (Ages 6 weeks - 5 years):** Center based services focus on health, nutrition, education, and cultural activities provided in a classroom setting.

**PART DAY SERVICES:** FNA Head Start had 6 Part Day Classes, (3 morning classes and 3 afternoon classes) offered Monday through Thursday, 4 hours per day, September – May.

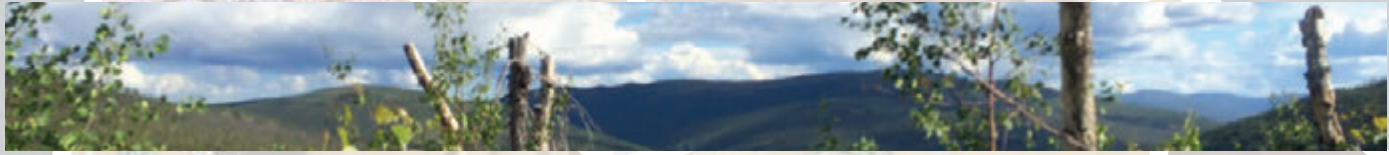
**EXTENDED DAY SERVICES:** FNA had 8 Extended Day Classes for parents/guardians in training/school, searching for work or currently employed. The Extended Day Classes are offered Monday through Thursday, 7:30am-5:30pm, September – August.

**COMBINATION OPTION – Home Based and Center Based Services (Ages 3 to 5 years):** 2 Head Start Combination classes, were offered at Nordale Elementary School. The children met for classroom experiences twice a week with one monthly home visit by their teacher/home visitor from September through May. During the summer months this was adjusted to weekly educational home visits and group socials in the community.

**HOME BASED OPTION (Prenatal – 5 years):** This option offers weekly educational home visits as well as two monthly group socials. These services are offered year round.







## PROGRAM HIGHLIGHTS

### FNA HEAD START 0-5 SERVED

393 children during the Program Year and had a wait pool of 78 children at the end of the Program Year. The year-end wait pool was 23% classified Income Eligible and 77% Over Income.

### OF THE 393 FNA HEAD START 0-5 CHILDREN SERVED:

- 161 children were enrolled based on income eligibility – 40.97%
- 15 children were enrolled based on receiving public assistance – 3.82%
- 55 children were enrolled based on homeless and/or foster child status – 13.99%
- 162 children enrolled were in the over income category – 41.22%

### FNA HEAD START 0-5 CHILDREN RECEIVED PREVENTIVE HEALTH CARE SERVICES:

- 304 children had health insurance.
- 384 children had an ongoing source of continuous, accessible health care (17 received services through IHS in addition to health insurance).
- 50 children were up-to-date on scheduled age-appropriate preventive and primary health care

## SCHOOL READINESS

Percentages reflect changes in children learning between Fall 2016 and Spring 2017. (Only the children that were kindergarten bound in fall 2017)

<b>Physical Development:</b>	Fall 2016 – 64.83% / Spring 2017 – 84.52%
<b>Social Emotional Development:</b>	Fall 2016 – 67.27% / Spring 2017 – 89.21%
<b>Cognitive Development:</b>	Fall 2016 – 85.00% / Spring 2017 – 92.30%
<b>Language Development:</b>	Fall 2016 – 65.17% / Spring 2017 – 64.35%
<b>Literacy Development:</b>	Fall 2016 – 73.16% / Spring 2017 – 87.55%
<b>Mathematics Development:</b>	Fall 2016 – 27.66% / Spring 2017 – 60.21%
<b>Approaches to Learning:</b>	Fall 2016 – 62.50% / Spring 2017 – 74.22%

\* *Non Federal Share - IN-KIND FUNDING: We received a total of in-kind funding for our Head Start 0-5 classroom and office spaces, as well as other in-kind support in the amount of: \$967,481. FNA received a waiver for 50% of the Non Federal Share – In-kind funding.*





The FNA JOM Program offers supplementary academic and cultural support to address unique and specialized educational needs of Alaska Native/American Indian students in the Fairbanks North Star Borough School District (FNSBSD). Our primary goals are to support Native student growth, improve academic achievement, engage parents and families in the educational process, and provide leadership development opportunities among students while promoting traditional cultural practices and values.

## **MARCH JOM ALASKA NATIVE YOUTH BASKETBALL TOURNAMENT**

The 19th annual JOM tournament is scheduled for March 12-14, 2018 at the Tanana Middle School. This tournament is the only one in the State for Alaska Native/American Indian youth in grades 3-12 to play on co-ed teams. Over 200 students participate, not only from the Fairbanks North Star Borough School District, but also from school districts throughout Alaska.

## **CAMP READ-A-LOT PICNIC IN MAY, NEAR THE END OF THE SCHOOL YEAR**

Reading proficiency by third grade is the most important predictor of high school graduation and career success. Free books for all ages, from preschool through adults, and summer enrichment activity prizes are made available so students continue to read and learn during the summer months. It is our hope that students will continue to make reading gains throughout the summer. Last year, over 1,700 books were given to families attending our annual Camp Read-A-Lot! Please Come again!

## **JOM TUTORS**

The two JOM tutors work extensively with high school students at Effie Kokrine and Lathrop. Classroom integration, small study groups and one-on-one tutoring takes place in classes ranging from pre-algebra to calculus 2, the sciences, and all levels of English. Homework assistance, teaching note taking and study skills, and organizing school assignments are combined with social and emotional support. Tutors also serve as resources to the school community and work under the guidance and supervision of the school principal. Parental engagement is vital to the success of each student, and tutors are encouraged to work alongside.

**LATHROP HIGHLIGHTS THIS YEAR:** Student assistants were added to the program. There are four who are developing leadership skills, earning credit, and becoming an integral part of the JOM program. A beading and sewing group was started. Elders are invited to spend time beading, sewing and talking with the students. Students have an option to earn credit.

**EFFIE HIGHLIGHTS THIS YEAR:** Our Effie tutor has used her life experiences, including her college classes, professional jobs and her military experience, to help students get started on their career path beyond high school. She prepared a Power Point presentation for science students on her studies at UAF in the Petroleum Office of Juvenile Justice and Delinquency Prevention, Tribal Youth Program FNA is in year 2 of a 4 year grant. The main key areas of the program are truancy, leadership development and family involvement.

Student councils have started. There is now a sewing club, which is scheduled twice a month on the weekend so people from the community may join together with students. An elder is teaching the students and shares stories

## **FNA/JOM CULTURE PROGRAM**

Our students greatest achievement in the past year their ability to grasp and learn another dialect of the Koyukon Athabascan Native language by singing in full, the hymn, Sweet By and By. This song was recorded in 1980's by an elder from the community of Stevens Village who has since passed on and this song was a challenge to learn. We participated in the making of the video, "Blessed Ground, filmed and produced by Fairbanks Native Association, Saving our Youth and Young Adults (SAYA) program. The older students learned to bead key rings. They had to draw their pattern, cut it out, draw their own beading design, pick out the color of beads they wanted to use and get started beading with a needle, thread and leather. They beaded while learning to sing new songs and practicing those songs that they already learned. Marie Yaska an elder from Huslia to came to our classroom several times to teach Denaa'ke (Koyukon Athabascan) in her dialect. We don't have a lot of elders left that are fluent in the Koyukon Athabascan language and so having her in our classroom was a huge benefit to our students. Our students performed at the 2017 World Eskimo Indian Olympics, and received the first place trophy in Indian Dance competition. They also performed throughout the community of Fairbanks and the Alaska Federation of Natives convention and the Festival of Native Arts.



## PROGRAM HISTORY

In 2016 Fairbanks Native Association was awarded a grant from the U.S. Department of Education to establish an Indigenous Language Classroom within its Head Start 0-5 Program. In this dual language part day classroom, children ages 3 to 5 are learning to speak Denaakk'e as they learn about the Athabascan culture and values. This project requires community involvement and welcomes input from elders, parents, students, teachers, and anyone interested in revitalizing and preserving the Language, Culture, and Values of the Athabascan People.

## PROGRAM DESCRIPTION AND OVERVIEW

FNA Head Start 0-5 accepts applications from all families of the Fairbanks North Star Borough. The program is inclusive and promotes cultural identity of Alaska Native and American Indian families through onsite activities and field trips to cultural events such as the Festival of Alaska Native Arts. On the application is a question of whether you want your child to be in the dual language Koyukon/English classroom. You can also circle morning or afternoon class preference.

The FNA Denaakk'e Classroom opened at the Ann Wien Elementary School in August 2017. It is a dual language classroom that serves 3 to 5 year old children in the Fairbanks community. The children learn the Koyukon Athabascan Language (Denaakk'e) as well as English. There are 10 students in the morning class and 10 in the afternoon class. One primary teacher and two associate educators are in the classroom all day Mondays through Thursdays. Friday is reserved for cleaning the classroom and professional development. The project director is in the classroom all day Tuesdays and Thursdays. The children are acquiring the educational, physical, and social skills and tools to have a jump start towards school readiness and are preparing to enter kindergarten. Developmental, Social/Emotional, and Health screenings are part of Head Start requirements to help ensure that all children are receiving individualized services that are necessary to best meet their needs. The Indigenous Language Project works with families to connect with partnering community agencies for additional resources that the children may need. The project director as the Denaakk'e Language speaker is being recorded weekly as curriculum is being developed. Alphabet, songs, phrases and words have been recorded on CDs and copies given to parents to learn with their children. All recordings will eventually be put on FNA's website for easier access by parents and community members who wish to learn the language.

## PROGRAM HIGHLIGHTS

The Denaakk'e Classroom is the first of its kind in the Fairbanks community and families are excited about their children thriving in learning the language, culture and traditions. All 20 children have Denaakk'e names and respond when their names are called. They have learned daily routine phrases such as: nelo' entonlaah (wash your hands), t'ok neeneelaa (set the table), nok 'esodon' (we will eat), nelo hetonlaah (brush your teeth), de'aak nedeelkool (put your coat on), tleeteey soodeelof (play outside) plus many more words and phrases.

The children have been introduced to five songs in Denaakk'e: Welcome Song, See You Later Song, Seggenaa' (My Friend) Song, Clapping Song, and Counting Song. They have learned the popular Seagull, Tanacross, and Airplane songs and sang these three songs at the UAF Indigenous Day event in October 2017. The children are in the process of learning the Fish Camp song in preparation for the 2018 Festival of Native Arts at the University of Alaska Fairbanks.

The children also learned the Tobaan Etseh (The Porcupine Crying on the Beach) story. The story was acted out in the classroom the first semester. Currently they learning the See Koonh! (Me Too!) story book. More books will be translated to Denaakk'e as time goes on.





## TREATMENT PHILOSOPHY

We believe that for Alaska Native people alcohol and drug abuse is a function of long-term trauma resulting from loss of land, subsistence rights, forced assimilation, removal of our children, loss of language, poverty and the introduction of alcohol into this traumatic environment. Alcohol and drug abuse is a form of self-medication; a coping mechanism to relieve the stressors resulting from the social problems confronting our families and communities. Consequently alcohol and drug abuse can be reduced by strengthening families, building a strong sense of community and natural supports, development of a viable source of livelihood, and skills to deal with the stressors confronting us will assist us in the recovery process. Skill building, a focus on our strengths, and recovery supports will increase our ability to be self-reliant, contributing members of our community, living a recovery oriented, wellness focused life style.

## GATEWAY TO RECOVERY WITHDRAWAL MANAGEMENT SERVICES

Our mission is to serve our consumers in a non-judgmental manner, to assure each consumer is provided with a safe environment where they are valued and cared for through the integrated services provided, and to guide our consumers towards recovery by preparing for treatment or supportive services.

Gateway to Recovery Withdrawal Management is a medically monitored inpatient facility that provides withdrawal management services for consumers. This is a 24/7 medical facility that provides a safe medication detoxification and care coordination. This consist of; 3-5 day of detox, behavioral health assessment, mental health assessments and referrals, consumer education, physical examinations, medication education, On-Site Provider, Opiate Withdrawal and Detox, and treatment referrals.

### PROGRAM HIGHLIGHTS

Consumers are responding favorably towards education and groups provided. The numbers of consumers transferring from the withdrawal and detox facility to treatment facilities are increasing.

## FAIRBANKS ALCOHOL SAFETY ACTION PROGRAM

Our mission is to serve our community with professionalism assuring each consumer's confidentiality as provided by law and dignity while meeting the directives required by the Alaska Court System, and Department of Motor Vehicles.

The Fairbanks Alcohol Safety Action Program (FASAP) provides services for both youth and adults; substance abuse screening, case management, and accountability for DWI and other alcohol/drug related misdemeanor cases. FASAP is the link between the justice system and health system. Agencies involved are law enforcement, prosecution, judicial, probation, corrections, rehabilitation, licensing, traffic records, and public information/education. Level of Screening Inventory-Revised (LSI-R) is the screening tool that is utilized to screen consumers who are admitted into the program. The LSI-R helps determine the level of monitoring needed for each consumer that is served.

### PROGRAM HIGHLIGHTS

2017 FASAP has transitioned into program changes from Senate Bill 91 (SB91). SB91- Criminal justice reform bill was passed in July 11, 2016 the bulk of legal changes and affects took place in 2017 within the program. The comprehensive reform bill was to reduce people from committing repeat crimes-recidivism. FASAP is a huge part of the local advocacy and support for local chapters such as; Safe Drivers of Alaska, Reality Check Panel, and the Fairbanks Wellness Court.

### THE BENEFITS OF FASAP ARE:

- Increased accountability for offenders
- Reduced recidivism resulting in completion of required education or treatment program
- Reduction in resources spent on legal fees
- Increased safety for victims



## RALPH PERDUE CENTER

It is our mission to provide a comprehensive continuum of care, focusing on treatment, utilizing an evidenced base practices that is tailored to each consumer in a manner that meets their individual needs towards recovery.

**RESIDENTIAL** provides a comprehensive evidence-based practice treatment service that is tailored to each individual adult consumer. Consumers are provided with Substance Use Assessment, Treatment Planning, Behavioral Health Screening, Individual Comprehensive Community Supportive Services, Process Group Counseling, Family Counseling, Mental Health Services, Alcohol and Drug Awareness, Self-help Support Groups, Life Skills Training Groups, Grief & Loss Treatment Groups, Conflict Resolution, Health Education, and Relapse Prevention.

**OUTPATIENT** provides level 1 and level 2.1 intensive outpatient services. Consumers who complete the residential programs may transition into the Outpatient program. Consumers can transition from RPC Residential, Women and Children's Center for Inner Healing, Gateway to Recovery Withdrawal Management Services. Consumers are also referred to Outpatient program depending on the Behavioral Health Assessment. Outpatient service 30 consumers and provides both groups and individualized needs. Referrals are accepted from FASAP, Department of Corrections, and Office of Children Services.

## PROGRAM HIGHLIGHTS

Behavioral Health Services opened a new outpatient program in July 2017 specifically for adults with addictions to Heroin and other Prescription Opioid Medications. The integrated Opioid Treatment Project is funded by the State of Alaska Targeted Response to the Opioid Crisis Project and can service up to 70 consumers in a year with an average six month length stay. Consumers can receive Behavioral Health Assessment and Individual, group and family counseling in addition to case management services to connect consumers with necessary services such as medical, mental health, housing, financial, employment, and other social services. In 2017 sixteen consumers have participated in the Opioid Outpatient services. The program is fully staff with a Project Director, Program Assistant, Intake Clinician, Counselor, and Case Manager. The program works closely with medical providers in the community who provide withdrawal management and Medication Assisted Treatment including Suboxone/Buprenorphine, Methadone, and Naltrexone/Vivitrol.





## WOMEN AND CHILDREN'S CENTER FOR INNER HEALING

The Mission of Women and Children's Center for Inner Healing is to assist women in the interest of helping themselves and their children to undertake a recovery journey to achieve a healthy lifestyle in which cultural pride is enhanced. WCCIH provides a comprehensive evidence-based practice treatment service that is tailored to each individual consumer that is either pregnant or has children. This is a four to six month twelve bed treatment program. Consumers are provided with Substance Use Assessment, Treatment Planning, Behavioral Health Screening, Individual Comprehensive Community Supportive Services, Process Group Counseling, Family Counseling, Mental Health Services, Alcohol and Drug Awareness, Self-help Support Groups, Life Skills Training Groups, Grief & Loss Treatment Groups, Conflict Resolution, Health Education, and Relapse Prevention. The program provides these services individualized consumer based approach to strengthen the healing process for the women recovering from additions and co-occurring disorders. Family reunification, community support is incorporated into the treatment plans. WCCIH works closely with the Tribal Councils, Office of Children Services, and Resource Center for Families, and Department of Corrections.

### PROGRAM HIGHLIGHTS

The number of transfers into the program has increased. The program completion has been a steady and the facility has been constantly full. The consumers have been meeting or exceeding their required hours for treatment. Three consumers have enrolled into college, and the 85% of the consumers received into the program received housing upon discharge. 100% of the women that entered from correction facilities as a direct transfer into the treatment program did not have to return back to corrections for the remainder of their sentences.







## **BHS YOUTH TREATMENT PHILOSOPHY**

We believe that for Alaska Native people alcohol and drug abuse is a function of long-term trauma resulting from loss of land, subsistence rights, forced assimilation, removal of our children, loss of language, poverty and the introduction of alcohol into this traumatic environment. Alcohol and drug abuse is a form of self-medication; a coping mechanism to relieve the stressors resulting from the social problems confronting our families and communities. Consequently alcohol and drug abuse can be reduced by strengthening families, building a strong sense of community and natural supports, development of a viable source of livelihood, and skills to deal with the stressors confronting us will assist us in the recovery process. Skill building, a focus on our strengths, and recovery supports will increase our ability to be self-reliant, contributing members of our community, living a recovery oriented, wellness focused life style.

Our mission is to provide Healing and Education for Native Youth with Substance Abuse issues and to promote Wellness and Growth, Empowering Youth to Reach Their Potential.

## **GRAF RHEENEERHAANJII**

The Graf Rheeneerhaanjii is a residential substance abuse treatment program for 12 to 17 who reside in the State of Alaska. Considerations for 18 years of age are made on a case-by-case basis program. This program is a joint effort between the Tanana Chiefs Conference and the Fairbanks Native Association. The treatment program provides a culturally sensitive, structured residential treatment environment for the youth diagnosed with substance use disorders and dependency. Every effort is made to incorporate Alaska Native culture and spiritual beliefs into the program. This is a 12 to 16 week residential treatment program. The treatment services provided are; Individual Counseling, Group Therapy, Eye Movement Desensitization and Reprocessing, Mental Health Services, Anger Management, and 12 Step work with treatment assignments.

Groups and treatment activities provided are; Monthly Elder's Luncheon, participating in various traditional dance group practices, volunteer at Potlucks/Fundraisers/Events, visit the Denali Center, volunteer with the Calypso Farm, OCS Foster Care Award Dinner, Culture Therapy and Art Therapy, Choice and Change, Keep It Simple, Relapse Prevention, Mindfulness, Conflict Resolution, Low Ropes Element Challenge Course, Family and Relationship in Recovery, Life Skills, Process/Transition, and Trauma, Greif, and Loss.

## **PROGRAM HIGHLIGHTS**

Elder's Luncheon is provided every third Wednesday of each month. This is a great opportunity for the youth and elders to connect and share with each other.

## **YOUTH AND YOUNG ADULTS SERVICES**

Youth and Young Adult service partners with consumers, their family members, and their behavioral health providers to office services that are focused on health, wellness, prevention and treatment. These services are offered through four direct service programs in collaboration with Tanana Chiefs Conference, Fairbanks North Star Borough School District, and other local agencies.

**WITH THE TOTAL PROGRAMS COMBINED THERE WERE 300 YOUTH AND YOUNG ADULTS PROVIDED SERVICES IN THE FAIRBANKS NORTH POLE SERVICE AREA.**



## SERVICES PROVIDED THROUGH YOUTH AND YOUNG ADULTS ARE:

- Suicide Prevention Supports youth and young adults ages 10-25 that have attempted suicide or are having thoughts of suicide. Supportive services provide crisis and mental health therapy, case management.
- Health and Wellness provides outpatient treatment to youth and young adults with substance abuse and mental health issues.
- Transitional Services supports youth and young adult's transition into adulthood. This program serves the ages of 16 to 25.
- Within the program there is a Young Adult Council
- Natural Helpers and Drop In Center
- Family Services Supports youth and young adults up to ages 24 years old and their families to achieve family wellness.
- Guiding Good Choices is a branch of Family Services and provides a substance abuse prevention program that provides parents with knowledge and skills they need to guide their children through adolescence. The program consists of five two hour workshops.
- Coping and Supporting Training (C.A.S.T.) this program incorporates life skills training and social support in 12 small group sessions. This is for middle school to high school age students ages 12 to 16. There are two groups for this program.
- Synergy is an infrastructure program that supports all the existing services.
- Interagency Transition Council consists of representatives from various organizations who sit on council. This council is tasked with infrastructure development through systems change.

## STREET OUTREACH ADVOCACY PROGRAM (S.O.A.P)

Fairbanks Native Association acquired this program in August 28, 2017 opened its doors to the youth of Fairbanks. This outreach program provides services for children ages 10 to 21 years old who are at high risk of becoming homeless or are currently homeless, have run away from home. S.O.A.Ps goal is to protect youth from abuse, sexual exploitation, assault, and to help prevent involvement in criminal activity due to their lack of money or supportive resources.

S.O.A.P supports the homeless youth through; education, providing mental health services, individual and family counselling, mediation and conflict resolution, and helping build permanent connections with caring adults. The program also provides transportation to resources, shelter, youth advocate connections, helping youth re-enroll into the schools, and Tuesday Night Women's Group.

S.O.A.P also provides referral services with local agencies, organizations, police, social workers, and probation officers, school counselors and private clinicians. Other services are provided youth with youth with hygiene bags, one hot meal a day, and snack bags to go. S.O.A.P staff provides education to the local school in regards to the current issues of youth homeless in the Fairbanks and North Pole areas.

## PROGRAM HIGHLIGHTS

The program collaborated with local radio station 98.1 K-Wolf for the month of October to advocate for sock donations to be dropped off. The goal was to receive 1,500 pairs of socks and the Socktober Drive received 1000 pairs of socks. S.O.A.P youth took part in the Paws for Purple Hearts. The youth were allowed to train and become puppy partners for the Paw for Purple Hearts organization. In 2017 250 children entered into the program with zero exits. Once a youth turns to the age of 21 there is 90 day aftercare provided. So children can be in the program for 10 years before aging out of the program.

**SOAP HAS RECEIVED A TOTAL OF \$33,359.03 IN DONATIONS SINCE THE OPENING OF SOAP IN AUGUST OF 2017.**



## FINANCIAL OVERVIEW

Significant financial improvements have been achieved this past year, including a positive change in net assets of \$3,242,658. FNA's Fiscal Year 2017 Audited Financial Statements reflect the overall financial position of the organization. The information below refers to this document.

### STATEMENT OF FINANCIAL POSITION

The Statement of Financial Position presents FNA's assets owned, obligations owed and total net assets at June 30, 2017.

#### ASSETS **\$18,361,945**

During the past year, total assets increased by \$3,456,732.  
 Current assets increased by \$3,658,558 from fiscal year 2016.  
 An increase in cash and cash equivalents of \$2,498,798  
 An increase in receivables of \$988,980  
 An increase in prepaid expenses of \$170,780  
 Other assets decreased by \$201,826 from fiscal year 2016.  
 A decrease in net property and equipment of \$200,539  
 A decrease of equity in earnings of joint venture \$1,287

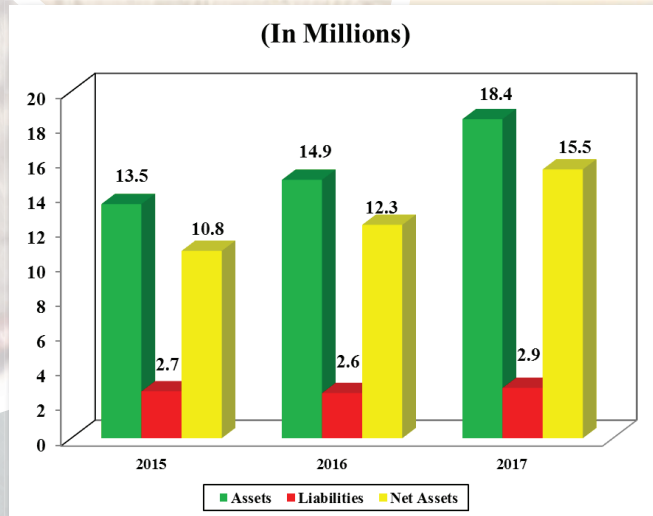
#### LIABILITIES **\$2,851,032**

During the past year, total liabilities increased by \$214,074.  
 Current liabilities increased by \$299,155 from fiscal year 2016.  
 An increase in accounts payable of \$583,243  
 An increase in payroll accounts of \$68,230  
 A decrease in current portion of long-term debt of \$27,655  
 A decrease in deferred revenue of \$324,809  
 Excess of distributions over equity: \$146  
 Long-term debt decreased by \$85,081 from fiscal year 2016.

#### NET ASSETS **\$15,510,913**

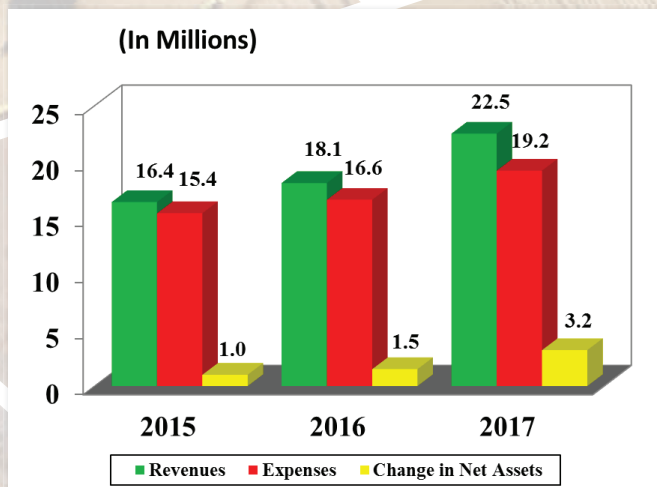
Net assets increased by \$3,242,658 from fiscal year 2016.

#### LIABILITIES AND NET ASSETS **\$18,361,945**



### STATEMENT OF ACTIVITIES

The Statement of Activities reflects an overall increase in net assets in fiscal year 2017 of 26% or \$3,242,658. The major factors contributing to this year's positive change in net assets include:



#### REVENUES: **\$22,480,305**

Total revenues increased by \$4,361,981 from 2016. This increase was mostly due to Medicaid Expansion and Billing efforts this past year. Revenues from all sources in fiscal year 2017 remain healthy at \$22,480,305.

#### EXPENDITURES: **\$19,237,647**

Healthy revenues and a modest increase of \$3,242,658 in expenditures resulted in the overall increase in net assets for FY 2017. Net assets at fiscal year-end 2017 reached \$15,510,913.





## MISSION

*To promote spirituality, cultural identity, self-reliance, physical and mental health, by improving the quality of life of our community through professional quality services.*

## VISION

*We are a unified, healthy, and empowered Native community that embraces all cultures.*



**FAIRBANKS NATIVE**  
ASSOCIATION

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