Do you know what steps you or a fellow staff member need to take after an injury while working?

1) Make sure the scene is safe, provide CPR or First Aid if necessary. If serious or life-threatening call 911 immediately.

2) For staff injuries, call Alaska National Medcor at 1-800-553-8041. A triage nurse will answer the call and give you further instructions and will also begin the paperwork, which is forwarded to FNA’s Health & Safety Coordinator.

3) The injured staff, as well as any witnesses need to fill out an incident report as soon as possible.

4) You have 30 days to disclose a work-related injury to FNA. Once FNA has been notified you have 5 days to complete and submit the Employee Report of Occupational Health or Injury to Employer Form.